



102 W. Old Mill Road

City Of Mesquite

702-346-5290

Senior Services Staff

- Sally Coates—Manager
- Concepcion Felix—Cook
- Krissy Thornton — Party Planner
- Kim – Aide/Driver
- Isela Zarate– Aide
- **SENIOR CENTER HOURS**
7:00am to 4:30pm
Monday—Friday
Except Holidays
www.mesquitenv.gov

Ma and Pa's Breakfast

All the seniors (60 plus years) are invited to attend a Ma and Pa's outing for Free Breakfast Vittles on Saturday August 29, 2009. Feeding time from 8:30 to 10:30 a.m. So gather all your neighbor kin, will round up all the vittles. Bring your Healthy Appetite to the Senior Center Inn.

R.A.G.E, Inc

(Rebuilding All Goals Efficiently) RAGE offers various programs to the community. RAGE Independent Living and Assistive Technology Program and the Aging and Disability Resource Center are Two of our primary programs. Other programs include Medicaid, Utility Assistance, Prescription Drug Assistance. On August 4, 2009, we will be having a Representative here at the Mesquite Senior Center from 11:30 a.m. to 12:30 p.m. She will be handing out information and answering all your questions.

Sav-On Drugs

This Year our Flu shots will be given on October 6, 2009, from 9:00 to 1:00 Set your calendars and be on time.....

A life without love is like a year without summer....
Swedish Proverb

F.Y.I

Nevada offers a Senior Citizen Tax Assistance Rental Rebate program To persons 62 years of age or older who meet the maximum household income requirement.

This program applies to any person meeting the age, residency and Income requirements regardless of whether you own your home, rent an apartment or house, or live in a manufactured home (mobile home).

The filing period for the Tax Assistance Rental Rebate program is from February 1 to April 30 of each year. The amount of benefit depends on household income and the amount of taxes or rent paid.

The average rebate is approximately \$330.00

Senior Center Addition

Mesquite is still growing and so is the Senior Center.

Construction is under way to provide additional room for the seniors meals, games and activities.

The new center should be completed by the thanksgiving weekend.

For all of us to enjoy...

Back to School Bingo

August 13, 2009 we will be having a Back to School Bingo for our less fortunate children in the Valley.

Please bring anything pertaining to a child going back to school. From a pack back to school supplies. Bingo starts at 1:00 p.m will go till 2:00 pm an Root Beer Float



AUGUST 2009



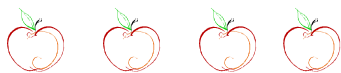
Lunch served from 11:30 am to 12:30 pm

Senior Services News

Monday	Tuesday	Wednesday	Thursday	Friday
3 Lemon Kissed Chicken, Salad, Beets, Corn Bread, Jell-o	4 Smoked Turkey Sandwich, Salad Bar, Chips, Seasonal Fruit	5 Pancakes, Sausage, Eggs, Hash browns, Seasonal Fruit	6 Macaroni & Cheese, Salad Bar, Roll, Chocolate Pudding w/Crushed Oreo	7 Meatloaf, Mashed Potato w/gravy, Carrots, Pineapple
10 Hot Dog, Chili Beans, Tator Tots, Diced Peaches	11 Cheese Enchiladas, Salsa, Rice, Salad Bar, Jell-O w/Fruit	12 Tuna Fish Sandwiches, Corn Chips, Carrot & Celery Sticks Pears	13 Baked Chicken, Salad Bar, Macaroni Salad, Seasonal Fruit	14 Salisbury Steak, Mashed Potatoes, w/gravy, Carrots, Spice Apples
17 Ham & Cheese Calzones, Pasta Salad, Beets, Seasonal Fruit	18 Cheese Burger, w/Lettuce, Tomato, Onion, Salad Bar, Chips, Biscuit Blossoms	19 Tahitian Chicken, Rice Pilaf, Egg Roll, Peaches	20 Home-style Tuna Casserole, Salad Bar Cornbread, Cranberry & Mandarin Oranges	21 Chicken Fried Steak, Mashed Potato, Mixed Vegetables, Pears
24 Liver / Onions Scalloped Potatoes, Carrots No Bake Cookie	25 Lasagna Salad Bar, Garlic Bread, Seasonal Fruit	26 Salmon , Rice, Creamed Peas, Biscuit. Diced Peaches	27 Dutch Oven Chicken, Dutch Oven Potatoes, Salad Bar, Watermelon	28 Roast Pork, Stuffed w/gravy, Pea's & Carrots, Applesauce
31 Sheppard's Pie, Green Beans, Zucchini, Birthday Cake				

Nutrition Program

- Lunch is served from 11:30 am to 12:30 pm, Monday through Friday, except holidays at the Senior Center. Reservations appreciated.
- A \$2.50 donation is suggested for 60 years and older.
- A \$4.00 cost for 59 years and under.
- To inquire about Homebound delivery call 346-5290.



The Senior Services Div. is coordinating with "Animal Control" in distributing animal food for Homebound clients' pets. If you are a Homebound client and need further information on this wonderful program please contact the Senior Services Division at 346-5290.



CARDS AND TILE GAMES WEEKLY SCHEDULE



MON	Open Pinochle	8:00 am to 3:30
TUES	Mexican Train Dominos	12:30 pm to 3:30pm
	Mah-Jongg	12:30 pm to 3:30 pm
	Scrabble	12:30 to 3:30 pm
WED	Open Pinochle	12:30 pm to 3:30pm
	Mah-Jongg	12:30 pm to 3:30 pm
THUR	Mah Jongg	12:30 pm to 3:30 pm
	Mexican Train Dominos	12:30-3:30 p.m.
FRI	Open Pinochle	8:00 am to 3:30 pm
	Pinochle/Canasta	12:30 pm to 3:30 pm

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